

Now recruiting volunteer listeners!

LEJ is a free listening service for adults in the community who are alone, isolated or feel they would benefit from having someone to talk to



We're looking for people who are -

- non-judgemental
- passionate about supporting people
- able to give a couple of hours per month

Come along to our event and find out how you can get involved
Monday 22nd November at Big Local, Jarrow Focus
(Phab Club entrance) 11am



for more information please get in touch
tel: 0191 217 2935

or email: kindmindcommunity@mentalhealthconcern.org