



Kind Mind
Community



MENTAL
HEALTH
CONCERN

Quiet Drop-in

**Come along for a cuppa and
a chat with Fran and the
team in this quiet, calm
and friendly space**



**Friday 19th August
10-11.30
at
Jarrow Focus
(Phab Club entrance)**

t: 0191 217 2935

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w: www.kindmindcommunity.org